

M2P Kids March Social Media Image Copy and Captions

Image 1 Copy: Embrace What's Best

Caption: When it comes to how your family navigates technology, devices, screen time, and everything that comes with living in a digital world, do your research and make wise choices, not easy ones. Lead your kids into a healthy perspective and healthy habits in this area of life. Don't just slide into what feels "normal" and what seems efficient. Embrace what's best and lead your family there.

Image 2 Copy: Please Step Away from the Phone!

Caption: Walk away from your device. Put down the phone. Model having healthy digital habits and give your kids the time and attention they need without having to check your device every so often. Our kids are smart, and they know when we are only giving them partial attention.

Image 3 Copy: You > Technology

Caption: When it comes to the way you are leading your kids, don't let technology take the place of your parenting, and don't look at it as a way to make life easier for you.

Image 4 Copy: Build a Culture of Conversation

Caption: Walk away from technology and build the habit of just talking and having conversations so that, when your kids get older, they'll be used to talking and having conversations. You want to be the primary entity that interacts with your children, not some screen or device.